

## The Art of Decision Making - Move from Indecision to Smart Choices

We ARE pleased to announce the launch of *the art of decision making* written by Templar CO-founder Joseph Bikart.



Drawing from philosophy, psychology, literature and theology, [Joseph](#) uses decades of experience as an advisor to leading companies around the world to explore **how** and **why** we **make decisions** and how to restore volition.

For the past 20 years, following a first career in investment banking, Joseph has advised leaders in corporate and public life on their communication and negotiations.

Through his work with **thousands of decision-makers**, he has created **Decisiology**, an innovative approach to executive coaching, drawing from his studies at the Institute of Psychoanalysis and at the Tavistock in London.

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Every facet of our lives **depends on the decisions** we make, yet why are some of us **better than others** at committing to a decision?

What are the forces at play holding us back and how can we move from indecision to smart choices?

Joseph explores the intricacies of this perpetual dilemma to bring you [The Art of Decision Making](#), a definitive manual for taking back control of your life.

*'To be or not to be?'* Life's eternal question. Joseph turns Shakespeare's iconic words on their head and instead poses the more revealing question *'what in me cannot decide?'*

*The Art of Decision Making* is your guidebook to transform will into action. Whether it is key decisions affecting your company or team, career change, choice of partner (or the decision to go your separate ways), or even coping with the middle-age malaise of having made all the wrong decisions, you will be asked the right questions to pull you out of the purgatory of indecision to confronting difficult choices and dealing with their outcomes.

The book is broken into four parts and punctuated with short practical essays. Joseph presents a lively and compelling exploration of the **process of decision making covering:**

**1. Indecision, indecision:** What makes us indecisive? What holds us back and why? The conflict between our heads and our hearts.

**2. Where Art Thou?:** How and where we get stuck and the importance of relaxing one's grip.

**3. The Momentum of Decisiveness:** Keeping our focus and progressing us from will to action.

**4. The Deciding Mind:** Making our smartest choices and the importance of perspective.

The book starts with the question: how can we, as human beings, become better decision-makers? And ends on a different question: how can we, as decision-makers, become better human beings?

***The Art of Decision Making*** presents a unique perspective on what to do at the proverbial fork in the road and Joseph's philosophy is insightful, thought provoking, and potentially life-changing.

**Order the book:**

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[www.penguinrandomhouse.com](http://www.penguinrandomhouse.com)

*Joseph is available for special events (corporate offsites, book talks etc). Please [contact us](#) if you'd like to discuss.*